

## Eye Examinations

**Infants**—recommended by age of one year, or sooner if needed.

**Children**—all school-age children should have yearly exams.

**Adults**—General exams, as well as for those with disabilities.

Our office provides

### Contact Lens Services

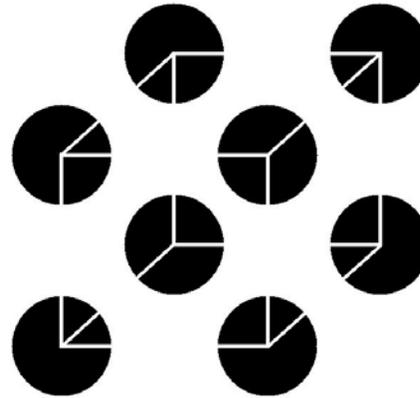
### Eyeglasses for all Ages

including fashion and special needs such as infant frames, prisms, or Colorimeter tinted lenses for learning and comfort.

### Optometric Vision Therapy

for all ages. Therapy addresses many visual issues, such as...

- Crossed eyes or eyeturns
- Eye coordination or eye movement problems—causing inattention for near, skipping words when reading, or insecurity during driving and other mobility.
- Visual perceptual difficulties—impact reading, writing
- Body movement control—seen in clumsiness, toe walking, or poor eye-hand/eye-body control
- Sports Vision Enhancement—speed, accuracy, and visual awareness



What we see depends on how our brain interprets the information coming from our eyes. Do you see a cube? There are no lines connecting the corners. Look at one of the corners in the inner circles. Which corner do you see in front? Look at the other inner circle. Does your perception change? Our job is to help people organize what they see easily and correctly.

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Having Good  
Eyesight and  
Learning to  
Use it  
Efficiently

*CRITICAL SKILLS FOR  
ALL AGES!*

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Providing vision services for  
general and special need  
individuals

EYESIGHT is the physical ability to see.

VISION is the ability to *make sense of what is seen*.

*It is important to have both good EYESIGHT and good VISION*

Vision is more than 20/20 eyesight. 20/20 eyesight means you can see well at distances of 20 feet or more. It does not tell you how well you can see and sustain visual comfort at 12 to 16 inches, where most people do close up work.

Vision is a complex process involving more than 20 visual abilities and 2/3 of all the sensory information coming into the brain. Almost 80% of everything we perceive, comprehend, and remember is dependent on the efficient use of our visual system.

It is possible to have 20/20 eyesight and yet have poor vision!

This is often the case when people with 20/20 eyesight still struggle to read without skipping, comprehend what they read, or perform fine visual-motor tasks such as writing or using scissors.

*Do you know anyone who demonstrates...*

- Being very bright, but does poorly in school?
- Avoiding of near tasks?
- A short attention span for near tasks?
- Frustration, tiring, or stressing easily?
- Difficulty reading, comprehending, or remembering written material?
- Persistent letter or number reversals beyond the first grade?
- Difficulty with spelling and handwriting?
- Holding a book close to his/her face?
- Attention Deficit (ADD) like symptoms?
- Eyes that appear to cross or turn?
- Special needs and finds it difficult to communicate with a “regular” eye doctor?
- Difficulty with balance, double vision, visual neglect or vision loss due to a stroke or brain injury?

*That person may have a vision problem that can be treated.*

*Our doctors and staff are well trained to help people with special needs of all sorts—from developmental to acquired brain injury—use vision better.*

**Penelope S. Suter, O.D., FCOVD**

Is a functional optometrist. This means she uses an expanded area of optometric practice to help diagnose and treat visual-perceptual and visual-functioning needs such as eyestrain, eyeturns, amblyopia, vision related learning problems, and brain injury related vision deficits.

Did you know that 1 in 15 children will have an eyeturn or lazy eye?

Many eyeturns and lazy eyes are undetectable without a professional eye examination, and most can be prevented by early detection of a vision problem.

All infants should have a well-baby eye examination by an eye doctor by the age of one year, and should be examined earlier if there is any suggestion of an eye problem.